



## ST EDWARDS & IPS ANGLICAN CURSILLO

### Newsletter: Summer 2024

Hi Everyone

I hope you are all well and looking forward to the lazy, hazy sunnier days forecasted for the coming weeks. We have had some disappointing weather for the last month or so, but finally things are looking up and life is always that little bit better with the sun on your face.

If you are a sports fan, it was a busy time in June with the Euros, the T20 cricket world cup (my personal favorite part of the summer!) and the Olympics in Paris over July and August.

Trying to juggle the watching of the football and the cricket, was a challenge and there is always that feeling of impending disappointment that one of the England teams could suddenly be out of the competition dashing our hopes and dreams. But I type this to you before the all important 14 July finals date – my hopes are still high! Alas for the T20 dream – next time!

As I type this to you, am sitting here in my conservatory watching a group of very disappointed garden birds, with dashed hopes. The feeders in my garden ran out of seed over the weekend, and it's been quite a sorry sight as they fly onto the feeders only to find them empty. I could almost see the look of disappointment on the starling's face and the despair in the great tit's eyes. They are probably thinking "*why has the food dried up, Ian's Café is always a good place to get food?!*"

So much in our lives are full of uncertainty and the unknown, but one thing is certain, solid and sure, with a faith in God, disappointment is not a word that ever crops up. He never disappoints or let's us down, we can rely on him to always be there whenever we call, feeding us deeply, wisely and spiritually, and buoys us up by filling our hearts higher than the loudest roar and cheers of any team. Go Team God!

With Cursillo #43 creeping up on us in November we all need to think about those we meet in our daily lives that could benefit from attending a Cursillo Weekend.

Please speak to them, pray for them and invite them on the weekend. You won't be disappointed.

With Every Blessing

*Ian | Lay Director*

## Words of Welcome from Bev Frost, Lay Rector for Weekend #43



Dear Fellow Cursillistas

Happy Summer! Well, as I write this it is. Hot and sunny 😊

I do pray you are all well and able to enjoy this long-awaited taste of summer.

You will see that opening this newsletter edition is a wonderful letter from our Lay Director Ian to remind us all to be thinking and passing on the message of Cursillo to possible new pilgrims to attend our weekend in November.

We know how amazing the weekend experience is, and how it can change us, or help us, or give hope, or all 3! One thing is for certain...it is a weekend wrapped in love and will give people an extra lifelong family who is always there to love, pray for and support them. (Ian puts it so much better than me!.....do read his letter and pray for those around you)

I look forward to receiving a string of names for prospective pilgrims for #43. 🙏

If you've attended a weekend in the past and there's somebody you know who you would love to experience the same, then you can sponsor them to attend. This does not involve money! Sponsoring, in this context, is all about prayer and support. If you would like details of what is involved please email me at [bev.frost@ntlworld.com](mailto:bev.frost@ntlworld.com) and I will send you a copy of our Sponsor Guidelines. What a very special gift you could be giving someone.

*Love and Blessings, Bev*

### “I have come to serve” Cursillo Retreat

Back in April, we gave Sizewell Hall a ‘test run’ ahead of our #43 Cursillo in November and it didn't fail us, all that attended loved it! It is a beautiful house in a lovely location which made for a wonderful retreat. Some even managed to get down onto the beach to watch the sunrise on Saturday morning, and some were happy to just look at the photos later in the morning! 📷



Penny organised a spiritual, thought-provoking couple of days which made us think and ponder “What is Serving?” “How do I Serve?” Cursillo is at its heart a Serving Community – how do you fit into this? What do we, do you, have, that can take Cursillo out into your Church and Community.

We were able to come together as our Cursillo family and grow in fellowship and worship in the way that Cursillo does best; with joy, happiness and love. Do you know somebody who could grow in fellowship and worship and benefit from Cursillo #43? Or even someone who would like to reconnect with Cursillo – many have attended their weekend, been engaged with Cursillo but have moved away – maybe now is the time to invite them back. If there is someone then please pass on this Newsletter and the contact details and we can add them to our communications list (contact details on back page).

## The Motley 'April' Crew!



*Missed the 2024 Retreat – well don't miss next year! It was so good, we've booked next year already – put it in your diary, put it on the calendar – see you there! 😊*

## **Retreat Weekend** **Friday 13th June -** **Saturday 14th June 2025** **at Sizewell Hall**

**So what are you doing for St. James' Day??**  
**How you celebrating? Fancy celebrating together?**

**Thursday 25th July 7pm**  
**St Edmundsbury Cathedral, Bury St Edmunds**  
**Cursillo Annual Eucharist**



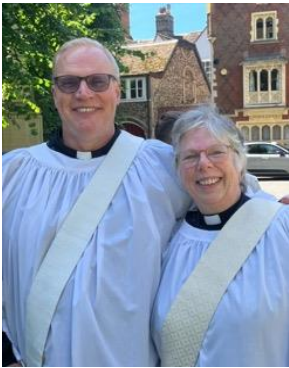
**Followed by a bring and share supper and lots of time to catch up on friends old and new Cursillo is so special, so important, so big, so the event to be at! If you don't manage to make it to another service at the Cathedral this summer be sure to be with all your fellow Cursillistas and celebrate just how wonderful we are!**

**You don't want to miss it, even Bishop Mike's got it in his diary!!**

**And whilst we're on the subject of celebrating, we've only gone and done it again!**



**St Eds and Ips Diocese benefits greatly from so many who have been to a Cursillo weekend. There have been many who have felt and acted upon Gods prompting to dive deeper into ministry after their weekend. And this year we have a positive abundance of Cursillistas who have felt God's arm on their shoulders leading them forward.**



**On Saturday 29 June this year, Alison Roberts (#39) and Philip Allison (#13) were both deaconed, whilst Sarah Locke (#33) was priested by the Bishops. It was a gloriously sunny, wonderful occasion enjoyed by everybody.**

**Congratulations to all three and they know that the biggest, proudest Cursillo prayers are with them every step of their continued journeys.**

**Editor's note here.....We were hoping to add a photo of Sarah 'post service' as well but unfortunately whilst on the green afterwards she fell and badly twisted her ankle right in front of the Bishop! (*What a reputation for Bishop Martin, women throwing themselves at his feet!*)**

**So I don't believe there were any photos (unless of course, we had an eagle eyed Cursillista who managed to snap her before she fell – entry for the next edition!) so instead we have “the night before photo” of all three to prove Sarah was there!**



## A conversation between God and Me

Wait,  
Wait!  
JUST Wait!  
I heard you cry

*'But, wait for what?' was my short reply*

'Wait until I've prepared the way.  
Wait until the time is right'

*'But, why?' I asked with some dismay  
'I mean. I know I've heard you right!'*

'Wait, until you've learnt the skills.  
Skills to do my work.  
Wait, until the seed has grown,  
Until you know your part to play'

*'But, I know what you've laid on my heart.  
I know what you've told me to do'*

'Wait, be patient,  
There's no rush  
Wait, you only have part of the plan  
There's more to come in time'

*'But!  
But!'*

'Just wait!  
I know best, waiting is part of the plan!  
You'll see I'm right, as you well know'

*'Yes I know,  
But!  
Well  
There's so much to do and so little time'*

'Sshh, calm down and  
Wait, all will be fine,  
Just bide your time.'



## A plea for Armchair Cursillistas

The wheels for weekend #43 have well and truly started turning and we're after a raft of volunteers, 4<sup>th</sup> Day pioneers – and we think that is you! Yes You - reading this!

Your volunteering and more importantly praying skills are being sought by Anne Munday as she puts together the Praying List for our weekend.

We are after an hour of your time, just 60 minutes, 3,600 tiny seconds to pray over the staff and pilgrims from the minute they arrive until the last minute before they leave (or before you see them at the closing Eucharist!)

There's no set pattern, no plan, just you praying to God as you usually do but remembering and focusing on the Weekend 43er's

If you feel you can be a part of Weekend #43 (and we really would like you to be) please call Anne Munday on 01449 257 513 – she'd love to hear from you.





The British Anglican CURSILLO® Council

[clwc@anglicancursillo.org.uk](mailto:clwc@anglicancursillo.org.uk) 07721562404  
Website: [www.anglicancursillo.org.uk](http://www.anglicancursillo.org.uk)

It was confirmed at the recent BACC Council Meeting (held Saturday 04 November) that the current president Beth Roberts, would be stepping down from the role and her successor is confirmed as Helen Taubman. Helen will

be commissioned on 11 May 2024 at the BACC conference, in Swanwick. We hold Helen in our prayers that her time as our president is fulfilling, enjoyable and productive to her and to us.

## NATIONAL ULTREYA 2024

Fancy meeting Cursillistas from all over the country, far and wide? Seeing others who share our love and passion? Fancy a weekend in Sheffield (you know it's on your wish list!)

The National Ultreya 2024 is just the thing to round off the summer. Put the date in your diary and have a look at the website for full details – [anglicancursillo.org.uk](http://anglicancursillo.org.uk). Those who have experienced a National Ultreya before know just how amazing, uplifting and joyful a day it is being with like minded Cursillistas from all over the country and sometimes all over the world – don't miss the opportunity!

**Cursillo Leaders Workshops (CLW)** – are not just for leaders!

They are open to all Cursillistas who would like to take the exploration to the next level. It's a wonderful way to meet other Cursillo groups from across the country and see just how differently we approach our weekends (still sticking with the principle of 15 talks and 5 reflections!) and to explore the all-important 4th Day and how important it is.

The CLWs are held in wonderful locations and are a treat to attend. If you would like more information contact Ian or Revd. Penny or just to make general enquires contact: Adrian Trotter, CLW Convenor (Cursillo Leaders Workshop), (m) 07721 562 404 / (e) [clwc@anglicancursillo.org.uk](mailto:clwc@anglicancursillo.org.uk) and for booking requests Angela Smith, Bookings, (e) [clwadmin@anglicancursillo.org.uk](mailto:clwadmin@anglicancursillo.org.uk)

*Warm Yorkshire Welcome!*



*The Cathedral Church of St. Peter and St. Paul - Sheffield Cathedral - where God has been worshipped for over 1,000 years and counting.*

**ULTREYA GB 2024**  
**"YORKSHIRE"**

*The Cursillistas in the Dioceses of York, Leeds and Sheffield extend a very Warm Yorkshire Welcome to you on 7<sup>th</sup> September 2024 for our National Ultreya.*

Full programme will follow later in the year with booking details, accommodation and travel information, which you will also be able to find on our website

## **GIFT AID AND FINANCIAL SUPPORT**

**You have all recently received Ian's email outlining the financial situation we are currently finding ourselves in. Your donations, your support, your generosity really will make such a difference.**

**The St Eds and Ips Cursillo database has 150 people on it, all of whom have enjoyed, loved and grown from their weekend - just think what we could achieve if we all just gave a little (or a lot!)? Just think what even £1 a month from everyone could do to help .**

**Please could you give this option some real prayer and consideration, and if you believe you are in a position to make a regular donation please do drop our Treasurer, the lovely John Stanley an email at [999jandb@gmail.com](mailto:999jandb@gmail.com) and he will forward you the necessary bank form.**

**We really don't want to increase our weekend charges, we want to keep Cursillo for us now and those pilgrims of the future. However your weekend helped your journey with Christ, please help towards passing that "Cursillo feeling" to others.**

## **Events and gatherings**

More details will come to you via email from the Communications Team nearer the time

<https://www.edsipskursillo.org/events>

## **Contact Us**

All email details are hyperlinked – just click on the person you wish to contact

<https://www.edsipskursillo.org/contact-us>