



## Empowering Discipleship

CURSILLO A movement of the Church, under the direction of the Bishops, empowering Christians to grow through prayer, study and action and be enabled to share God's love with everyone.

11<sup>th</sup> October, 2019

Dear Cursillistas,

I am writing to introduce myself as your new Spiritual Director, having served alongside Revd. Jenny Seggar as Assistant Spiritual Director for the past three years. I am Rector of South Hartismere Benefice near the Suffolk/ Norfolk border, and I made my Cursillo at Weekend #32.

It was a deeply spiritual and fulfilling experience for me, and I was struck by how Cursillo was empowering and encouraging people in their faith and vocation. At the annual Eucharist in July this year I was licensed as Spiritual Director, with Revd. Penny Brinkley as Assistant Spiritual Director, and it is a great privilege for us to be serving the Cursillo community in this way.

Over the last few years, we have had an opportunity to reflect on Cursillo in this Diocese, and to implement some of the changes that were suggested at our training on the Cursillo Leaders Workshop - to strip back the weekend to its authentic roots and to build up our servant community, including 4<sup>th</sup> day first.

The development of small groups will continue to be a priority in the coming year, and we are beginning to see the impact of this at the weekends, as some of the pilgrims have already been part of a small group before making their Cursillo.

My charge from Bishop Mike for the next three years is to embed the changes that have been made, seek God's affirmation for all that we do, and create a sense of anticipation for what God is drawing us on to. There is a real sense of excitement at the ongoing promise of Cursillo in terms of discipleship, nurturing vocation, and our personal faith journeys.

A significant text for me throughout this year comes from :

Isaiah 43.19 *'For I give water in the wilderness, and rivers in the desert'*

Living water was the theme for our Cursillo retreat last weekend, when we were able to reflect on the life – giving water that comes from God to refresh and revive us.

I have been reflecting that the Cursillo movement is like a flowing stream that constantly moves and evolves, as it shapes the environment around it. In Cursillo, we are called to shape our environment through prayer, study, and action, so that we can deepen our discipleship and share the love of God in our homes, our communities, at work and in our churches.

I am really looking forward to journeying with you over the next three years - and remember, Christ is counting on us!

Ultreya

**Revd Canon Julia Lall, Diocesan Spiritual Director**  
**Tel: 01379 678064**  
**Email: [sdstedsipskursillo@gmail.com](mailto:sdstedsipskursillo@gmail.com)**